Winter 2010



Central Illinois Foodbank 2000 E. Moffat Avenue Springfield, IL 62702 Phone: 217-522-4022 Fax: 217-522-6418 www.centralilfoodbank.org

Business Hours: Mon-Fri 7:30am - 4:30pm

Tour the Foodbank

The Foodbank always welcomes individuals and groups to visit our warehouse and learn more about what we do. For more information please contact Lynne Slightom at Islightom@centralilfoodbank.org or 217-522-4022.



Quincy Pantry Offers More Food to Hungry

Replenish, restore, and rejoice. These words describe what is going on at Quincy Catholic Charities food pantry, thanks to the Retail Store Donation Program. Volunteers recruited for this program go to Quincy's Walmart and Sam's Club two to three times every week to pick up food that once might have gone into the dumpster.

"We're impressed with the quality and variety of food we get and with the personnel at the stores," says Donna Schelich, who recently retired as Manager of Quincy Catholic Charities Pantry. "Never before have we been able to give our clients a choice of one to two meat selections. They are delighted with the quantity and added nutrition we are now able to offer them on a regular basis." Produce, bakery and some dairy are also offered regularly.



Volunteers loading up Walmart donations.



Central Illinois Foodbank works with dozens of food retailers daily across our region to get more food to partnering hunger agencies. Walmart and Sam's Club have signed on nationwide to donate food that is pulled from their shelves. The food items may no longer meet the retailer's marketing standards, because they have reached their "sell by" date, are slightly damaged, or are not selling at expected rates. All recovered food is safe, healthy, and wholesome and meets United States Department of Agriculture (USDA) standards.

Director's Dish

By Pam Molitoris

Regionally, we are experiencing a 15% to 20% increase from just last year.



Throughout the last several months I have been amazed by the challenges and the opportunities that we and our partners have faced. Central Illinois Foodbank, along with over 200 other Feeding America food banks, has experienced dramatic increases in need. Regionally, we are experiencing a 15% to 20% increase from just last year. In response, the Foodbank is distributing more food than ever. In FY 2009, the Foodbank distributed 4.7 million pounds of food and is on track to distribute 6 million pounds in FY 2010.

We do not expect these recent trends to change anytime soon. A recent USDA *Annual Report on Household Food Insecurity* showed that 1 in 6 Americans is food insecure. Even more disturbing is that 1 in 4 children lives in a food-insecure household. These numbers reflect an increase of 36% over the numbers released just one year ago.

This increase in need and service doesn't come without challenges. We have hired an additional part-time driver to pick up donations and have recruited additional volunteers to drive local routes and to ride along with our paid staff to help unload trucks.

We have outgrown our current facility and are in dire need of additional cold storage space. A building facility study has recently been completed to help us evaluate the efficiency and life span of our current facility as well as other locations in the community. We look forward to sharing our next steps with you in the months to come.

am, Molitoris

Pam Molitoris, Executive Director

Harvest Ball 2009

Central Illinois Foodbank hosted its 11th annual Harvest Ball dinner on November 5th at Sangamo Club. The event brought together over 150 business leaders, medical professionals and individuals. The event's presenting sponsor, Dominion Kincaid Power Station's CJ Saladino, announced that in light of the rising need in our communities the corporation was donating an additional \$10,000, helping us raise over \$75,000.

Another partner of the Foodbank, Dot Foods, Inc. received the 2009 Good Samaritan Award. Over the past three years Dot Foods, Inc. has been critically involved in helping the Foodbank secure nearly 400,000 pounds in food donations. They have been instrumental in helping work with 60 of the company's customers to gain much needed food. Those in attendance to accept the award were: Chairman Pat Tracy and Mrs. Jane Tracy, Dorothy Tracy, for whom the corporation was named after, Ray and Anne Capestrain, Larry and Nancy Bork, and Janet Janssen.

Elizabeth Wooley emceed the evening while our guest speaker, Greg Risberg, helped us find the humor in life and kept us laughing the entire evening. We appreciate Greg's willingness to offer us his complimentary talent and wittiness for the evening.



Above: Greg Risberg keeps audience engaged and laughing



Above: Pat Tracy accepts Good Samaritan Award from Board President, Amy Hagen and Executive Director, Pam Molitoris

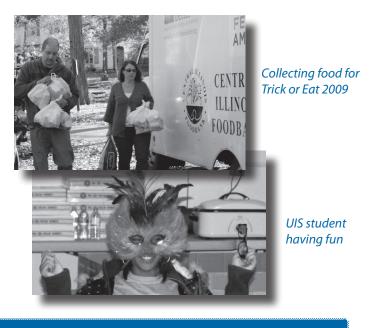
Trick or Eat

Only on one night a year do households expect their dinner hour to be interrupted in order to distribute free and edible items to all who ask. Trick or Eat put a new spin on Halloween as volunteers canvassed



neighborhoods collecting food for Central Illinois Foodbank. At the same time, they created awareness about local hunger and volunteer opportunities that allowed neighbors to get involved in addressing hunger.

UIS Holiday Stars Project, Memorial Medical Center, Prairie Cardiovascular, St. John's Hospital, and SIU School of Medicine sponsored and worked together to collect almost 10,000 pounds of food!





Central Illinois Foodbank received \$5,000 from Woodforest Charitable Foundation.



Mary Hervey Retires From Foodbank

After 10 years, Mary Hervey has decided it is time for her to slow down and allow more time for herself and family. "I am thankful for all that I have been able to do in my career," Mary said. As a former teacher, social service worker and school principal, Mary was a perfect fit for the Foodbank when she was hired in the summer of 2000 to oversee the Kids Cafe program.

Because of her previous work with young children, Mary understood that children in low-income neighborhoods lacked proper nutrition and access to nourishing food. In trying to help serve this population, she soon found that the Springfield Urban League had strong educational programs in place but they lacked a feeding component. Bringing food into these programs helped children gain access to hot, nutritious meals and encouraged them to participate in the Urban League's programs.

In addition to her duties with Kids Cafe, Mary also monitors and assists our program partners, the 168 food pantries, soup kitchens and after-school programs that receive food from the Foodbank. She is frequently found traveling in the Foodbank truck throughout our 21 county region. Mary is there to help agencies by answering questions about food handling techniques, how they can better serve their clients and work more effectively by partnering with the Foodbank.

Her kindness and caring spirit has touched the lives of so many throughout our service area; it is very hard to see her go. Mary said, "I will miss talking to the pantry partners and working with the children most of all. The pantry partners want to help so many people and I always enjoyed meeting with them to help them do that."

We wish Mary the very best in her retirement. Mary's last day at the Foodbank will be February 26, 2010.

NATIONAL FOOD BANK NETWORK

NATIONAL FOOD SOURCES National Donors National Food Drives





Local Food Sources Donations Food Drives Produce Programs Farmers Retailers USDA Commodities





ODBA

Food Pantries, Breadlines, Soup Kitchens and Feeding Programs



THOSE

IN NEED



Ways You Can Help

\$1 Million Feinstein Challenge 2010 - Give in March and April and make an even greater impact!

Take part in the Feinstein \$1 Million Challenge this March and April. Alan Shawn Feinstein is once again dispersing \$1 million to food banks across the nation. The more money and food the Foodbank can raise, the higher the percentage of dollars we will receive from the Feinstein Challenge! To participate you can either make a financial contribution or hold a food drive and bring in much needed food! Either way you will make a significant difference in the lives of others!

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2009 Annual Report

Our Mission:

To collect donated food and grocery items from growers, manufacturers, processors, wholesalers and retailers for distribution to charitable agencies serving people in need.



You may be familiar with the story of the young man who was found throwing starfish into the ocean. A wise man asked him why he was doing this, as there were miles and miles of beach and there were starfish all along every mile. The wise man said, " you can't possibly make a difference! " The young man bent down and picked up yet another starfish and threw it into the ocean. As it met the water, he said, " it made a difference for that one. "



Although the subject of hunger seems insurmountable at times, our agency partners work with individuals and families who feel the effects of hunger daily. The stories from our agencies, like soup kitchens, food pantries and feeding programs, remind us of how our

food distribution efforts help thousands of people. These stories also remind all of us how we are making a difference in the lives of people every day. Thank you for thinking of them all year round and supporting our efforts. It really does make a difference to that one.

After undergoing surgery, a mother of two children reported that her husband's job, as a tool and die setter, kept the family afloat until her medical expenses began to drain the family's income. The family found themselves at the local food pantry. The pantry soon became the family's main source of nutritious food, but more than that, also gave them a feeling of hope for the future. Because of the food and support the family found, this young mother can look forward to getting back to work one day soon, and hopefully attain her dream of attending school.



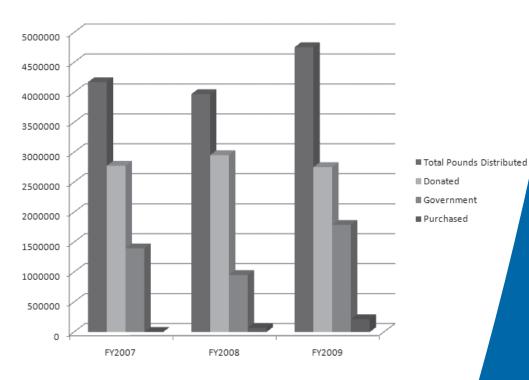
One of our food pantry partners tells the story of how they took a bag of groceries to a lady one day and when they arrived there was a small girl sitting on the living room floor eating frosting out of a can with a spoon. Her mother apologized and explained that the frosting was the only thing to eat in the house. She was grateful for the bag of nutritious food that she could now serve to her family.

Statement of Activities

Revenues and other support

Program Service Fees	\$ 465,234
Grants and Contracts	402,484
Contributions	583,001
Contributed Food Received	7,082,725
Interest	10,799
Other	4,522
Total Revenues and other support	\$ 8,548,765
Expenses	
Foodbank Operations	\$ 833,045
Contributed Food Distributed	7,179,264
Administrative and Fund Raising	289,873
Depreciation	51,819
Total Expenses	\$ 8,354,001
Change in Net Assests	\$ 194,764
Net Assets at Beginning of Year	1,331,917
Net Assets at End of Year	1,526,681

Food Distribution



97% of every dollar goes directly to feed the hungry.3% goes to administrative and fundraising costs.

CENTRAL ILLINOIS FOODBANK STATEMENT OF ACTIVITIES YEAR ENDED MAY 31, 2009

Board of Directors

Amy Hagen, President John Farrell, Vice-President Bill Ryan, Treasurer Jananne Finck, Secretary Ed Curtis Rabbi Datz Carol Dove Dr. Gary Dunnington Don Hickman Esther Lam Ed McDowall Penny Roth CJ Saladino

Staff

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> Tom Killam x205 Assistant Director tkillam@centralilfoodbank.org

Kristy Gilmore x207 Manager of Food & Agency Resources kgilmore@centralilfoodbank.org

> Bill Nickell x206 Warehouse Manager bnickell@centralilfoodbank.org

> > Warehouse Staff x206 Lonnie Colburn Charlie Davis Darren Farley Mark Myers Phillip Walker

Laura Boyd x201 Operations Assistant foodlist@centralilfoodbank.org

Mary Hervey x203 Program Assistant mhervey@centralilfoodbank.org

Gloria Shanahan x210 Communications Director gshanahan@centralilfoodbank.org

Lynne Slightom x202 Donor Relations Coordinator Islightom@centralilfoodbank.org

Beth Vincent x209 Systems Assistant volunteer2@centralilfoodbank.org