

HUNGER
ACTION
MONTH™

PG. 2

HUNGER ON
CAMPUS

PG. 3

COMMUNITY
SPOTLIGHTS

PG. 4

FIGHTING CHILD HUNGER

Making sure that children have access to nutritious meals is a priority for the Foodbank. To help ensure that growing bodies and minds are filled with fresh fruits and vegetables, the Foodbank works with a variety of partners throughout our community.

Full story on page 3

Off the Shelf

Fall 2019



DIRECTOR'S DISH

While hunger affects our communities all year long, Hunger Action Month™ provides an opportunity for the Foodbank to bring new and current partners together to develop creative solutions for food insecurity.

We need to ensure that children, seniors and everyone in between have access to nutritious food throughout the year. The Foodbank receives food from multiple sources including manufacturers, retailers,

growers and food drives. Volunteers drive our produce delivery van filled with fresh fruits and vegetables to local youth programs during the summer and to local schools during the school year.

As children prepare to enter adulthood when they graduate high school, it's vital that they've received the necessary resources and tools to be successful. While the focus in school is academic, we also need to prepare our children for all aspects of life. Budgeting, shopping and preparing meals become even more important as children go out on their own. You may be surprised to hear that food insecurity on college campuses is becoming a more prevalent issue.

To help raise awareness of hunger in our communities, including insights on college hunger, we will be spending Hunger Action Day® at the University of Illinois – Springfield. We hope you can stop by to learn more about the Foodbank and our partners as we continue Growing Forward.

Pam Molitoris

COMMUNITY PIKE COUNTY



Nancy, pictured with her dog Mohican Joe, recently visited a Healthy Foods Distribution in Pittsfield. Foodbank staff brought a refrigerated truck filled with over 12,000 pounds of food to the community for distribution. Some items available that day included ground turkey, milk, eggs, tomatoes, mini peppers, potatoes, onions, watermelon and zucchini.

This distribution was sponsored by the Quincy Medical Healthcare Foundation. For more information on how to sponsor a Healthy Foods Distribution, please contact Virginia Ferguson at vferguson@centralilfoodbank.org or 217-522-4022.

TAKE ACTION THIS SEPTEMBER!

Central Illinois Foodbank challenges you to take action to end hunger in central and southern Illinois. You can **be an advocate** through hunger education programs in the community - or begin by educating your family at home. **Volunteer** at the Foodbank or local pantry. **Start a fundraiser** and invite friends to donate. **Donate** yourself.

To find out how you can help, please visit our web site where you'll find a Hunger Action Month™ calendar that provides other ideas for how you can participate. There are so many ways to give - your passion, your time, your talent, your funds.

Make an impact. Join the Foodbank and take action today to fight hunger in central and southern Illinois. **We can end hunger - one helping at a time.**

HUNGER ACTION MONTH™

MEMBER OF
**FEEDING
AMERICA**





FIGHTING CHILD HUNGER

What We're Doing: How You Can Help

The Foodbank has the following programs that provide nutritious food for children and their families during the summer and throughout the year:

- **Kids Cafe®:** During the school year, children have access to free, healthy meals and receive homework help, nutrition education and computer skills at 3 community sites.
- **Summer Food Service Program (SFSP):** During the summer, children have access to free, healthy meals at 8 different community sites.
- **Produce Delivery Van:** Volunteers deliver fresh produce weekly to 5 different schools throughout our communities. During the summer, volunteers deliver fresh produce to youth organizations.
- **Healthy Foods Distributions:** From April - October, distributions are held at different community sites. Volunteers set up nutritious food in a farmers market style where individuals and families can select fresh produce, dairy and protein, as well as access community services.

By the Numbers



40,000 meals

served last year through Summer Food Service Program and Kids Cafe®



550,000 lbs

of nutritious food distributed to children and their families through Healthy Foods Distributions



5

schools receive weekly produce deliveries

Get Involved

"At Healthy Foods Distributions, some people ask how to prepare a certain vegetable or are in need of a recipe and that is why the mobile kitchen cart is a valuable asset. I encourage all who read this and who have some free time to consider volunteering with Central Illinois Foodbank. It does the heart good."

- Mark Beagles, Volunteer

"Having access to nutritious foods means a lot to me." - Jasmine

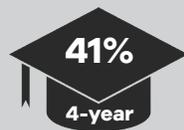
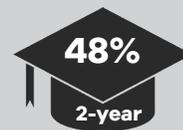


Jasmine lives with her mother, little sister and dog. She volunteers at the Springfield Urban League and helps clients find assistance they need. She has some health issues and understands the importance of eating nutritious foods.

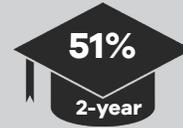
"I appreciate everything that donors do to help make sure that lower income families like mine have access to fresh fruits and vegetables. It's not always easy to go and run down to the store to get something. You don't always have the money to get the stuff that is good for your overall health."

The Hope Center for College, Community, and Justice has conducted the #RealCollege survey for the last four years. The most recent survey was administered in the fall of 2018 at 123 two- and four- year institutions across the United States. They received nearly 86,000 responses from college students across 24 states. Here's what they found:

Students who experienced food insecurity in the 30 days prior to taking the survey



Students who were worried their food would run out before they had money to buy more



The Foodbank partners with UIS Cares to ensure that students at the University of Illinois - Springfield have access to nutritious food while they pursue their dreams.

VOLUNTEER SPOTLIGHT CONNIE BUTTS



Connie Butts has been volunteering at the Foodbank since March 2018. She does everything from answering the phones to filing and more! Connie was recently recognized at the University of Illinois - Springfield Good as Gold Ceremony for her service to the community.

"Central Illinois Foodbank is an organization that I truly believe in. It is doing so much good, helping so many people, feeding so many people. It gives me great satisfaction and joy to know that I am doing a little bit to help a worthy cause."

PARTNER SPOTLIGHT WALMART & SAM'S CLUB

The Foodbank participated in the 6th Annual Fight Hunger. Spark Change. campaign and received a record-setting donation of **nearly \$140,000!** Over the last six years, this campaign has raised over \$450,000 for the Foodbank from 22 stores in our service area. Some of these stores also participate in our retail program. Every week, volunteers drive to multiple retail locations to pick up donated product.



SAVE the DATE

Join us for the following events.

September 12

Hunger Action Day

10am - 2pm

University of Illinois - Springfield

September 12

Harvest Celebration

5:30pm - 8:30pm

University of Illinois - Springfield

September 25

Food Rescue Kick-Off

5pm - 7pm

Cafe Moxo

October 5

Healthy Foods Distribution

Adams Co. - Quincy

MealConnect™ FEEDING AMERICA

FOOD RECOVERY. SIMPLIFIED.

The Foodbank recently received a \$51,500 grant from the Walmart Foundation to pilot a new food sourcing initiative. Feeding America developed MealConnect™ to bring donors, volunteers and agencies together through technology. This program will encourage smaller-scale donations from places like restaurants and caterers. Volunteers will transport donations from donors to assigned agencies. All of the coordination will be done within the mobile application.

The Foodbank will launch this new initiative with a kick-off event at Cafe Moxo on Wednesday, September 25th from 5pm - 7pm. Prospective donors, volunteers and friends of the Foodbank are invited to attend to learn more.

STAFF

Pam Molitoris • Executive Director

Jane Kiel • Finance Director

Kevin Mackiney • Operations Director

Heather Austwick • Compliance Manager

Bob Bartolazzi • Retail Store Coordinator

Ashley Earnest • Public Relations Manager

Darren Farley • Sort Room Supervisor

Virginia Ferguson • Program Manager

Heidi Hughes • Program Manager

Gayla Stone • Operations Assistant

Cassie Veach • Administrative Assistant



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centralilfoodbank.org

Our mission: To provide food, and develop awareness of and creative solutions for food insecurity.